

Bircher Muesli

Ingredients

- 2 cups Lowan Original Harvest Muesli
- ½ cups Apple juice
- 250g natural yoghurt
- 1/2 grated Green apple

Method

1. Soak Lowan Original Harvest muesli with apple juice, cover and refrigerate overnight.
2. Just before serving stir in natural yoghurt and grated apple.
3. Serves 4

