

Perfect Porridge

Ingredients

- 2 cups Lowan Wholegrain Quick Oats
- 2 cups (500mL) cold water
- 2 cups (500mL) cold milk of choice
- Milk of choice for serving
- Brown, white or raw sugar for serving

Method

1. Place oats and cold water in a saucepan. Stir and allow to stand for 5 minutes.
2. Add milk and stirring occasionally, over a medium heat, bring to the boil.
3. Reduce heat to low and continue to stir occasionally for 3-5 minutes.
4. Serve with milk and sugar.

